



## **Family Handbook**

Cortland

(Policies & Procedures)

2025 Edition

# Mission Statement

We believe all children need to have opportunities to learn and grow and develop into all they can be as healthy, respectful, responsible, and self-sufficient individuals.

We are dedicated to providing the environment and services in order for them to thrive as individuals in the community realize these opportunities. Our assurance to parents is to teach and care for your children as we strive to make a difference.

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## **PROGRAM INFORMATION:**

**Kids At Heart Cortland**  
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(330) 637-2296

*Revised 2025*

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# Philosophy

Kids At Heart cares for children ages six weeks to 12 years old. We have made a commitment to provide positive, nurturing, fun and enriched learning environments to allow your child to learn through play. Kids At Heart offers cognitive, physical, social, and emotional developmental experiences while adjusting to treat each child as an individual. It is our philosophy that each child will attain his/her potential if given the appropriate guidance and activities to promote their development. Our center highly emphasizes a curriculum that includes a full day of creative and constructive learning. Along with art, gross motor, fine motor and dramatic play, your child is offered educational instruction in reading, math readiness, STEM and language arts.

Kids At Heart concentrates lessons on the Early Learning and Development Standards (ELDS) developed by the Ohio Department of Education. Our teachers use the ELDS Objectives to create their educational curriculum to ensure that our lessons include the domains of Language and Literacy, Social Emotional, Cognitive and General Knowledge, Physical Well-being and Approaches Toward Learning. We consider each child as an individual and adjust our learning environment to include every child.

Kids At Heart observes and documents each child following the Objectives set by the ELDS. Observations are incorporated into the classroom curriculum focusing on the needs of each individual child. A portfolio is maintained on each child using the guidelines set by the Domain Objectives. Kids At Heart has an open-door policy and we promote daily discussions with your child's teacher.

Our teachers strive to be the best for you and your child(ren). Our staff attends Continuing Education training opportunities throughout the year that promote their professional and personal growth. Continuing education courses are based on areas that pertain to the ELDS, curriculum development, Behavior and Environment.

# Step Up to Quality

Kids At Heart strives to provide high quality, interactive, positive and academically sound child care for every child in our school. We are a Bronze Level Step Up to Quality rated center, which goes well above and beyond child care licensing requirements in academics, interactions, environments and ensures every child is on track for future success. Step Up to Quality is Ohio's Quality Improvement rating System for Child Care centers, which guides child care centers to provide high quality early childhood education to children throughout the State of Ohio.

Not only do we focus on your child's overall well-being, we also encourage families to be involved in our classrooms. Throughout the year we host a variety of family events as we continually work to bridge the gap between home and school. Some of the events we host include: Cookies with Santa, Halloween Door Dash Bash, Summer Social and many more. Kids at Heart also brings in outside visitors for educational events, and we love to let families know about free family events offered throughout our local communities. We encourage our families with children of all ages to come and enjoy our events and make long lasting positive Kids At Heart memories.

## General Information

Kids At Heart Childcare & Learning Center is licensed by the Ohio Department of Jobs and Family Services to provide childcare for children ages six weeks to 12 years. The License is posted in the front office. Laws, rules, and regulations governing our child day care center are available in the office for review upon request. Any person suspecting a violation by the center may call the Department of Children and Youth. The toll-free number is posted on the license. The Administrator and each employee of the center are required to report their suspicions of child-abuse or child neglect.

The center's licensing records, including ODHS compliance reports, are posted in the office. Evaluation forms from the Health, Building, and Fire departments are available upon request, along with rosters of names and telephone numbers of consenting parents, custodians, or guardians of children attending the center.

Kids At Heart does not discriminate on the basis of race, color, gender, religion, national or ethnic origin in the administration of our educational, admission and employment policies. Our Federal Tax ID number will be given to parents upon request.

Registration packages include an Emergency transport permission section. This must be signed by parents/guardians. Failure to sign the emergency transport permission will result in the center declining the enrollment opportunity.

There is an annual registration fee associated with any Registration Packet submitted to Kids At Heart.

# Required Enrollment Paperwork

Prior to the first day of attendance the following forms and payment(s) must be completed and turned into the Center Director:

- Child Enrollment and Health Form
- Parent Financial Contract
- Handbook Statement signed off
- Medical/Physical Care Plan (if needed)
- Registration Fee and Tuition for First Week Attendance

A child becomes enrolled in a program at the center after the registration fee (non-refundable) has been received, the Administrator confirms the availability of space and the required paperwork is received. Any changes to your Enrollment Form or other paperwork must be communicated to the office immediately so that current information is always on file. This is for the safety of your child.

## **Paperwork required to be submitted within 30 days of admission:**

- Medical Form (DCY 01305) Signed by physician or certified nurse practitioner
- Immunization Record

Failure to submit a current medical form and immunization records will result in dismissal from the program. The medical form must be updated every 13 months.

Kids At Heart reserves the right to reject applications for enrollment on a case-by-case basis. Your child's enrollment will be terminated immediately if you or your child endangers the health, safety or well-being of our center and the other children enrolled. The decision for termination is at the sole discretion of Kids At Heart Child Care Center management.

## Immunizations and Medical Statements

As per Ohio State Law, all children who are enrolled must submit a copy of their verified immunization records as well as an original DCY Medical Statement form signed by a licensed physician or a certified physician's assistant. These forms must be turned into the office within 30 days of the child's starting date. If we do not have these forms Kids at Heart reserves the right to suspend enrollment until the forms are turned in and your child's file is compliant with DCY Child Care Licensing Rules and Regulations. These procedures ensure a safe, healthy environment for all of our children. Please refer to the Center Director for any questions or concerns.

It is the policy of Kids At Heart Child Care Center that we will not enroll children who are not up to date on their immunizations or any child who has not or will not be immunized.

# Absent Day Procedure

## Reporting your child absent

If for any reason, your child will not be attending please call the center and report their absence and how many days they will be out of the school. Please let us know if your child is ill so we can keep track of infectious diseases. Please report your child absent through the Procare APP or by calling in directly and talking to the Director.

# Disenrollment

## Withdrawal Policy

Should it become necessary for you to withdraw your child from our Center, we ask that you please give a 14-day written notice. Please obtain a Withdrawal Form from the Director. This form will allow us to collate information regarding your withdrawal request and make any necessary changes. If you do not provide us with a 14-day notice, your child's full tuition will be charged for the remaining two weeks regardless if your child attends.

## Dismissal Policy

Kids At Heart reserves the right to discontinue the enrollment of any child for any reason as it sees fit. Kids At Heart Child Care Center is a private center. Applications for enrollment are all considered without regard to race, religion, color, national origin or sex, rather with regard to how each individual fits into our programs.

# Hours of Operation

Kids At Heart is open from 6:00 AM - 6:00 PM, Monday through Friday. Should the Center be closed for an emergency (weather, loss of utilities, public pandemic) you will be notified by a team member, through our ProCare Parent Engagement system and/or by the local news (school closing reports). The Center operates a full day program for school-age children when school is closed for vacations, delays, or cancellations.

## Holidays and Planned Closures

The center will be closed in observance of the following holidays:

- New Years Eve and New Years Day
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day and the Friday after Thanksgiving
- Christmas Eve and Christmas Day
- 4 Staff Inservice Training Days (To Be Announced)

All children enrolled to attend on any of these days, full time or part-time, will still be charged their Total Agreed Tuition per child for these days in full.



The center may also be closed the week before the Fall session begins for maintenance. You will be notified ahead of time.

## Tuition Payments

Tuition is due by Friday prior to the week for which your child will be attending. All tuition is payable by check, cash, money order, on-line by credit card (a 3% fee will be applied) or through our Tuition Express system. Tuition Express is a free service that will automatically deduct your payment from your checking or savings account of your choice. Yearly receipts for paid tuition will be given out at the end of each year upon request.

Tuition will be charged regardless of absence due to illness, or for any other reason. Co-payments from families receiving assistance are considered Tuition owed to Kids At Heart regardless of attendance, as co-pays are a contract between the family and the State of Ohio.

## Late Payment Policy

There will be a late payment fee of \$15 for late tuition and fees which are overdue. Any account with a balance will automatically be charged a \$15 late fee each week. After two (2) weeks of non-payment, your child may be suspended or disenrolled. You are still responsible for the full amount owed after disenrollment. If you do not pay in a timely fashion, your past due account may be sent to collections. To re-enroll, the delinquent balance must be paid in full. An additional non-refundable registration fee of \$45 will be assessed to re-enroll each child. This policy also applies to families receiving assistance.

## Returned Payment Policy

A \$35.00 returned payment fee will be imposed if a payment has been returned unpaid. The original payment amount, plus the fee must be replaced with a money order or cash before your child may return to the Center. There are no exceptions. We reserve the right to refuse future payments by check.

## Late Pickup Policy

Timely pickup of your child from our center is encouraged. The center closes at 6:00 PM every day. **A Late-Pickup Fee of \$10 will be charged at 6:01 PM** and an additional \$2 per minute fee will be charged after 6:40 PM with a maximum of \$100. Late Pickup Fees will be due by Friday at 6:00 PM.

## Publicly Funded Child Care

Publicly Funded Child Care is determined for each individual family. If a family is working towards obtaining PFCC the child/children may not start attending Kids at Heart until they are authorized in Kids at Heart's PFCC attendance system. If PFCC makes a change to authorized dates the family will be refunded the paid amount if they have a \$0.00 copay. If a weekly copay is due the previously submitted tuition will be applied as a credit and used towards family copay; not refunded. Tuition refunds on \$0.00 copay PFCC will occur three weeks after the final backdated tablet entry. Thus ensuring payment to Kids at Heart has been paid in full and back dates were accepted by PFCC. When PFCC is authorized by the state the child must be approved for 60 hours; which is Full Time. If PFCC only authorizes 24.9 hours of attendance the child may not attend or start at Kids at Heart as we only accept Full Time PFCC participants.

# Parental Participation and Access

We hold the premise that parents are the primary educators in their child's life. We view our responsibility as caregivers to be an extension of the home, not a replacement. Recognizing that parental involvement is essential to your child's preschool education, we welcome and encourage your participation whenever possible. Your child's weekly lesson plan will be posted outside each classroom the Friday before each new week so that you can view and participate in your child's activities.

## Open Door Policy

Our center has established an open door policy where parents are cordially invited to observe any of our programs or visit your child at any time. However, we do require that all visitors check-in with the Director or Administrator. During visits, we cannot allow pictures of children to be taken in the classroom as some children are now allowed to have their photo taken.

While you are at the center, please feel free to communicate any comments or concerns you may have about your child's care or our program in general. An appointment will be set up at the earliest possible time to discuss these comments or concerns. Should you wish to talk with the Director or a specific teacher, we ask that you give us prior notification of your visit in order that we can arrange a mutually convenient time to discuss your concerns.

Teachers are not available for conferences during class time, as they are required to give all children their full attention at that time. For the safety and protection of your child, this open door policy is limited to the custodial parents and/or custodians and guardians of children enrolled in our program. Other relatives of children enrolled in our program will not be afforded this open door visitation policy unless we have signed and dated written permission from you.

## Parent-Teacher Conferences

At least once during the school year, teachers of every program at the center will request to have a formal parent-teacher conference in order to discuss your child's progress, behavior, social, and physical needs. If an in-person conference cannot be scheduled, a telephone conference may be substituted. Additionally, our staff welcome any requests for conferences by appointment.

## Monthly Newsletter

The center will publish a monthly newsletter in order to keep you informed of the various activities and upcoming events that are planned throughout the year. This monthly newsletter will have the monthly menu, date night information, seasonal events and helpful information to help keep you informed.

# Staff to Child Ratio

Kids At Heart enrolls children from ages 6 weeks to 12 years. The center's current license capacity can be found on our license, which is posted in the office.

## **Our center will have one teacher for:**

1. Every five infants who are at least 6 weeks old, but less than 12 months old, with a maximum group size of 2:12.
2. Every six infants who are at least 12 months old, but less than 18 months old, with a maximum group size of 2:12.
3. Every seven toddlers who are at least 18 months old, but less than 30 months old, with a maximum group size of 2:14.
4. Every eight toddlers who are at least 30 months old, but less than 36 months old with a maximum group size of 2:16.
5. Every twelve preschool children who are at least three years old, with a maximum group size of 2:24.
6. Every fourteen preschool children who are four years old or five years old, and who are not school children, with a maximum group size of 2:28.
7. Every eighteen school-age children who are up to twelve years old, with a maximum group size of 1:18.

# Staff Absences

If a staff member calls off or is scheduled off for vacation time Kids at Heart does everything possible to maintain a steady and typical day for your child. To maintain compliance with DCY staffing requirements we may have a staff member step into the classroom for the day or a period of time to cover the absent staff member. Occasionally we may need to move children to other classrooms for a period of time or the day to maintain DCY ratios so we are always in compliance with state regulations. We will do our best to inform families of any staffing changes that may be coming up so everyone is prepared.

# Nutrition and Meals

## Breakfast

Kids at Heart Cortland does not provide breakfast to our enrolled children. You are encouraged to have your child eat breakfast before they come to school for the day. If they do need to eat at Kids at Heart please provide a complete breakfast meal, Kids at Heart will provide milk in accordance to the age of the child.

## Lunch

Lunch time begins at approximately 11:30 a.m. and is to be provided by each individual family for their student. Lunch needs to be a full and nutritious meal. We encourage you to provide a lunch that has items from all the food groups. Please refer to the flier "Healthy Plate" for ideas or visit the [FDA.gov](https://www.fda.gov) website. Milk will be provided by Kids at Heart. Please note we are unable to heat food.

## Snack

We provide a variety of nutritional snacks and milk, served between 2:30 PM and 3:30 PM. School age children will be served a snack when they arrive at the center from school.

Milk will be provided and served daily during Lunch and Snack. Children aged 12 months to 2 years old will be served Vitamin D fortified milk. Children aged at least over 2 years old through school age will be served Skim Milk.

Individual dietary needs or special food allergies must be brought to the attention of the Director. After communicating these needs and completing the proper forms, it is the parent's responsibility to provide his/her food accordingly to accommodate the child's modified dietary requirements, this would include a daily snack if needed.. If the child is on a modified milk requirement we must have a doctor's note to keep in the child's enrollment file.

## Infant Meals

Parents/Guardians are responsible for providing Infant formula and bottles and baby food for their child. Kids at Heart will follow the family's feeding schedule throughout the day for each individual child.

***For breastfeeding mothers:*** You must label bottles or bags of breast milk with the child's name, the date the milk was expressed and the date you bring the milk to the center. You are welcome to bring in frozen bags of milk for us to keep on reserve at the center. We ask that you supply at least one bag or bottle ready to be warmed and fed each day upon arrival. There is a quiet space in the crib area available to breastfeed and/or pump for your baby. Please ask a staff member for guidance into this space.

## **Child and Adult Food Program Civil Rights Statement**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax:  
(833) 256-1665 or (202) 690-7442; or
3. email:  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)
4. This institution is an equal opportunity provider.

**\*\*\*See chart attached to the end of the handbook for a tip sheet regarding proper nutrition when packing your child's lunch.**

## Classroom Programs

Kids At Heart welcomes children 6 weeks to 12 years of age. Classroom activities, and schedules are designed to be age and ability appropriate. Curriculum is designed for the classroom as a whole and for each individual child.

The Center's most important objective is to offer an atmosphere of love and confidence for your infant through the provision of a warm, nurturing, and secure environment. This is the time when bonding (the

process of building strong, lasting emotional ties), feelings of self worth, confidence, independence, and fears (both healthy and unhealthy) are rooted for a lifetime. We are dedicated to maintaining the strong bonds of intimacy, warmth, and security that your child enjoys at home with you, and we are committed to meeting your child's physical and emotional needs while he or she is in our care.

## Infant Programs

Both of Kids at Heart's Infant programs provide the opportunity for your baby to develop at his or her own pace in an atmosphere of security and love. The spacious, bright and cheerful rooms were specifically designed to be visually stimulating with pictures, mobiles, unbreakable mirrors, and colorful toys. Throughout the day, the caregiver will move infants to various activity centers within the room. Our program incorporates a skills based curriculum that includes music, songs, reading books, gross and fine motor skills and tactical activities. Our infant teachers make a continual effort to spend as much time as possible during the day interacting with children, one on one, as well as, in small groups. All of our toys and equipment have been carefully selected to promote the key learning experiences of early childhood development, and are rotated to continually provide new and exciting activities and stimulation.

Infants will enjoy quality rest and sleep in their own crib, which is located in a special designated area of the infant room. Infants are placed in their cribs only for napping, and will be placed in a sleep sack provided by the center for comfort and warmth. Our infant sleeping position policy for infants will be to sleep on their backs. There will be no exceptions to this policy.

Kids at Heart recognizes that every infant has their own unique routine, and we strive to follow individual schedules that are set by the parents. A record is kept, through the use of ProCare App of your infant's daily care in diaper changing, eating, napping, and any other pertinent information that may be of interest. This daily record is sent through the ProCare app directly when the child is clocked out using the ProCare attendance system.

Parents of Infants will be responsible for providing infant formula or breast milk. Bottles should be brought in and dated each day. Parents are also required to provide older infants with baby food or age appropriate foods as their child is ready.

What to bring for Infants:

- A bag of disposable diapers.
- A box of diaper wipes each month.
- Several complete changes of clothing are to be left at the center (labeled).
- A bottle
- Formula or breastmilk individually labeled with expressed date and date it was brought to the center.

### Infant 1 Schedule

Infants age 6 weeks to 12 months

Infants have their own individual schedules. We follow the parent's lead for feeding schedules and napping preferences for infants 6 weeks to 12 months of age. Diapers are always checked and changed every 2 hours or more often as needed.

Our curriculum follows the infant developmental milestones. Your child will receive plenty of one on one nurturing time with our infant teachers that includes quiet and active playtime. In our infant room we focus on the child's five senses. Our infant environment allows for exploration and discovery. We introduce basic Sign Language skills to our infants.

Infants 6 weeks to 12 months will sleep on their back in their own designated crib. Absolutely no blankets, stuffed animals or soft items will be permitted in the crib. Infants will sleep in Sleep Sacks that allow their

heads to remain uncovered. You may supply your own Sleep Sack or we will use a center provided Sleep Sack. Pacifiers are permitted in the classroom on pacifier clips. However, clips will be removed when put in their crib.

## **Infant 2 Schedule**

Infants age 12 months to 18 months

- Arrival and Breakfast in Infant 1
- Story Time
- Music and Movement
- Gross Motor, Patio Play
- Fine motor skill activities
- Basic Sign Language Skills
- Lunch at 10:30 am
- Sensory Activities
- Naptime 11:15am - 1:15pm
- Snack Time
- Manipulative Play
- Language Arts Experiences
- Exploration and Discovery
- Evening Snack and Departure

## **Toddler Programs (18 months to 30 months)**

The toddler programs have been designed with an understanding that this stage of development represents a transitional period from infancy to preschool. Though toddlers are constantly nurtured, supported, and given loving care at the center, their curiosity and thirst for knowledge takes place in a more active and stimulating environment. Creating an atmosphere where your child develops independent thought, self esteem and confidence both individually and in groups is a primary objective of our Toddler programs. Curriculum is developed to ensure each child is meeting and/or exceeding age appropriate developmental milestones. We incorporate Literacy and Language, Sensory Play, Mathematics, Science and Art into their weekly curriculum. Since this age group develops both socially and cognitively by exploration and positive interactions, the center's program offers them a wide range of activities.

Your child will be given opportunities to increase their gross and fine motor skills through exploration of various manipulatives, and developmentally appropriate activities and interactions. Our teachers will engage your child in small and large group activities throughout the day, as well as, work with them one-on-one, all the while focusing on developmental milestones and positive social interactions.

We also affirm your child's development of self-independence through efforts in potty training, self-dressing, eating, and personal hygiene. Daily play in our Dramatic Play areas increase abilities and confidence in everyday activities. A daily report will be sent to you through the KidsReport app that will provide a daily activity report that will inform parents of their child's learning experiences. This will enable families to share in the excitement and joys of their toddler's day-to-day development.

Our well equipped and spacious indoor activity room and outdoor playground will be the learning ground for your toddler to perfect the art of walking, climbing, sliding, and riding. These activities help to build the gross motor skills that are fundamental to your child's progression from infancy to toddlers. Toddlers will engage in gross motor activities throughout the day between the classroom, outdoor playground and indoor Activity Room.

What to bring for toddlers:

- A labeled blanket for naptime. Parents must wash blankets at least once a week or more, if needed.
- A complete change of clothing or two is to be left at the center (labeled).
- Package of diapers or Pull-Ups
- Package of Wipes
- Extra shoes or boots for outdoor play

## **Toddler 1 & 2 Schedule**

Ages 18 months to 30 Months

- Arrival, wash hands Breakfast
- Manipulatives and Centers
- Good Morning Circle Time Lessons
- Gross Motor Outdoor or Indoor Play
- Art and Fine Motor Activities
- Lunch 11:30 - 12:00
- Story Time
- Naptime 12:15 - 2:15
- Snack Time
- Literacy and Small Group Activities
- Mathematics and Manipulatives
- Gross Motor Outdoor or Indoor Play
- Sensory Play
- Interactive Floor and Small Group Play
- Music and Movement
- Departure

## **Preschool & Pre-Kindergarten Programs (3-5 years old)**

As this age group transitions from toddlers to Preschool, Kids At Heart Preschool and Pre-K Programs are there to assist the student and parents during this developmental stage. The objective of these three classrooms is to accommodate the total needs of your child; cognitively, socially/ emotionally and physically through both fine and gross motor activities, and to continually increase language and literacy. Through planned and spontaneous play activities it is our goal o fully prepare your child for private or public kindergarten.

Play based learning centers are defined throughout each classroom. These centers include Art, Music, Dramatic Play, Blocks, Fine Motor, Gross Motor, Science and Sensory, Mathematics and Language/Literacy. Learning centers are designed for hands on play based experiences and explorations through independent, small and large groups within the various classroom settings. The program strives to further develop the student's self confidence and social development by providing activities which focus on learning to share, the further development of self-help skills, and relating in a group environment.

The Pre-K Program at Kids At Heart is the final step in our center to ensure that all graduates are prepared for Kindergarten and beyond. The play based curriculum becomes increasingly challenging and the children are provided activities, which allow them to expand their skills within the framework of the learning environment. Incorporated throughout the program year are pre-reading skills and challenging mathematics lessons. Community awareness is fostered through social studies about self, family, and community service providers.



Gross motor play is incorporated in the weekly lesson plan, which includes activities within the classroom, outside on our playground or in our indoor Activity Room. Each area has been specifically designed and equipped to provide a much needed physical outlet for your busy and active young child, continuing to promote friendship and fun-interaction with their peers.

A weekly lesson plan will be posted in the classroom outside the classroom door Friday prior to the following week. Outside play is scheduled twice daily, weather permitting.

What to bring for Preschool and Pre-Kindergarten:

- A labeled blanket for naptime. Parents must wash blankets at least once a week or more, if needed.
- A couple complete changes of clothing is to be left at the center (labeled).
- Extra shoes if needed for outside play

<b>Preschool 1 &amp; 2 Schedule</b> Ages 30 months to 54 Months	<b>Pre-Kindergarten Schedule</b> Ages 48 months to Kindergarten age
<ul style="list-style-type: none"> <li>• Arrival, wash hands Breakfast</li> <li>• Manipulatives and Centers</li> <li>• Good Morning Circle Time Lessons</li> <li>• Gross Motor Outdoor or Indoor Play</li> <li>• Mathematics and Manipulatives</li> <li>• Lunch 11:30 - 12:00</li> <li>• Story Time</li> <li>• Naptime 12:30 - 2:30</li> <li>• Snack Time</li> <li>• Music and Movement</li> <li>• Literacy and Small Group Activities</li> <li>• Art and Fine Motor Activities</li> <li>• STEM and Centers</li> <li>• Gross Motor Outdoor or Indoor Play</li> <li>• Interactive Floor and Small Group Play</li> <li>• Departure</li> </ul>	<ul style="list-style-type: none"> <li>• Arrival, wash hands Breakfast</li> <li>• Gross Motor Outdoor or Indoor Play</li> <li>• Good Morning Circle Time Lessons</li> <li>• Literacy and Small Group Activities</li> <li>• Art and Fine Motor Activities</li> <li>• STEM and Centers</li> <li>• Mathematics and Manipulatives</li> <li>• Lunch 11:45 - 12:15</li> <li>• Story Time</li> <li>• Naptime 12:30 - 2:30</li> <li>• Snack Time</li> <li>• Music and Movement</li> <li>• Gross Motor Outdoor or Indoor Play</li> <li>• Interactive Floor and Small Group Play</li> <li>• Departure</li> </ul>

## School Age Children (up to 12 years)

Our after school program, providing extended care to school age children up to 12 years old, is less structured than our preschool program. Since these children have been in a structured school setting all day, the center focuses on providing activities and opportunities that cater to the individual needs and interests of your child. In this relaxed atmosphere, the children may choose from a variety of activities, which contribute to the development of their creativity, social, and decision-making skills. Time is given each day for Homework to be worked on with assistance from our staff. Gross motor activities are worked into the afternoon in the outdoors or indoor activity room.

Kids At Heart also offers a Summer Camp Program for Kindergarten graduates through fifth grade children at 12 years old or less. Stimulating and exciting age-appropriate lessons and activities are planned. In addition, the center also schedules many enriching and fun field trips throughout each week. The center's Summer Program accentuates enrichment opportunities in the arts where your child will be able to discover, explore, and expand their interests.

## School Age Absentee Procedure

As the children enter, or leave off the bus, an immediate roll call/attendance will be taken. The school age attendance sheet will designate which day each child is to attend, their school and if they come morning afternoons or both. If a child does not appear as scheduled the teacher will immediately contact the school administrator. The Administrator will 1) Call the parent/guardian immediately to assess the whereabouts of your child. To avoid delays please understand that it is the parents/guardian responsibility to let Kids At Heart know if your child will not be attending the center for a specific day or time period.

School Age supervision is a little different compared to the rest of the children in our care. Per DCY Licensing school age children are able to run errands in the building, use the restroom and engage in short term activities that pose no physical risk to their safety alone or in groups of no more than six children without adult supervision, provided they are within hearing distance, are checked on every 5 minutes, and the center has exclusive use of the space being used.

<p><b>School Age Before and After Care Schedule</b> Kindergarten through 12 years old</p> <ul style="list-style-type: none"> <li>• Morning Arrival, Wash Hands and Breakfast</li> <li>• Open centers</li> <li>• Clean up and Leave for School</li> <li>-AT SCHOOL-</li> <li>• Afternoon Arrival, Wash Hands, Snack</li> <li>• Homework, Quiet Centers</li> <li>• Art, Blocks, Sensory, Cooking</li> <li>• Gross Motor Outdoor or Indoor</li> <li>• Departure and Centers</li> </ul>	<p><b>School Age Full Day Care Schedule</b> School Days Off (Not Summer Camp)</p> <ul style="list-style-type: none"> <li>• Arrival, Wash Hands, Breakfast</li> <li>• Centers, Gross Motor Play</li> <li>• Group meeting, Question of the Day</li> <li>• Art, Blocks, Sensory</li> <li>• Books and Board Games</li> <li>• Gross Play Outdoor or Indoor</li> <li>• Lunch 11:45 - 12:15</li> <li>• Centers, Books, and Art</li> <li>• Gross Motor Indoor or Outdoor</li> <li>• Sensory, Cooking, Large Group Activities</li> <li>• Free Choice Small Group Activities</li> <li>• Building, Gross Motor, Departure</li> </ul>
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## Assessments

Kids At Heart Child Care Center requests a personal assessment of your child using the Ages & Stages Questionnaire (ASQ-3). Upon enrollment in our center you will be given an Ages & Stages Questionnaire for your completion. This assists the teachers in collaborating with the parent on the skills your child may be mastering in their home environment. Assessments are for internal use only. Kids At Heart does not submit these assessments to any outside agency, including DCY. The ASQ's are distributed to each parent once a year for completion on each child from 6 weeks of age to 5 years of age.

Kids At Heart observes and documents each child following the Objectives set by the ELDS. Observations are incorporated into classroom curriculum focusing on the needs of each individual child. A portfolio is maintained on each child using the guidelines set by the Domain Objectives. Observations

and assessments are continued throughout the year and documented in each child's portfolio. Observations and assessments assist the teachers in planning and implementing curriculum geared toward each individual child. If necessary, Kids At Heart may recommend that we involve outside professionals to assist with a child's behavioral needs, social/emotional needs or academic needs. Any recommendations require consent by a parent or guardian before any outside professionals are consulted.

## Transitioning

A parent will be notified when their child is ready to move up to the next classroom. Transition into the next classroom is dependent on the child's age, readiness, availability of space and forecasted start date entering kindergarten. As part of the procedure, a parent and current classroom teacher will sign the transition plan. Transitioning will take place over a 5-day (one week) period. Each day transition time spent in the new classroom will increase until the fifth day the stay will be for the entire day. New classroom staff will record activities the child participated in while they were transitioning, as well as, how their behavior was and emotional well being. If a child needs longer than a 5 day (1 week) transition they will be given the opportunity to do so. Parents will be involved in the transition process through being able to speak directly with current and upcoming teachers, and messages through the ProCare app.

# General Policies & Procedures

## Water Activities and Swimming

During the summer months outdoor water play is provided for Infants (12 months and older) through to school age children. Our water activities using sprinklers and water toys at the center are called "Splash Days", and are every Friday weather permitting. Please remember to send bathing suits, towels, and water shoes or crocs to be worn for outdoor play. Sunscreen will be applied to each child before they go outside during Sunny Days, usually beginning in April. If your child bums easily, please include a lightweight T-shirt to wear over their swimsuit.

Swimming Activities may be offered to our school age Summer Camp kids. Parents will need to sign a written permission slip prior permitting swimming activities. Pools that children attend will need to perform Swim Ability Tests prior to allowing your child to start swimming. Pool Certified Lifeguards will determine their swim ability, no child will be permitted in the deep end or above their height. Extra school staff are sent on every swimming field trip so we can have staff in the pool to continually monitor.

## Bringing Toys

At Kids At Heart, your child will be offered fun and educational toys every day. Though we recognize that at this age certain items may help ease your child's transition from home, we ask that you help them make this transition by encouraging them to leave their toys or special personal items at home. Our Preschool classrooms have "show and tell" days when your child may bring in a personal item to share. Items are to represent the letter of the week, for example 'Letter O' bring in a stuffed Otter to share. Items must be labeled and not deemed violent in nature, We request each child only bring in one item we cannot be held responsible for lost or damaged items.

## Outdoor Play

At Kids At Heart, play and exercise in the fresh air is considered essential to your child's good health and overall development. The daily outdoor activities that are planned by the center assist in promoting the development of your child's large motor skills, imaginative play, and social skills. Outdoor play is scheduled twice daily, weather permitting. All outdoor activities will be canceled during inclement weather (rain, sleet, snow, lightning, extreme pollen count) or in extreme cold (less than 25°F) or heat (more than 90 °F). In the winter, we ask that parents please dress and prepare your child with the appropriate apparel and accessories for snow play. Children need to come prepared with winter coats, gloves, hats, snow pants or snow suits and snow boots. Center policy is that every child participates in the planned outdoor activities. However, should your child not be able to participate for medical reasons, we will be happy to comply with your physician's request when presented with his/her written instructions.

## Safety and Security

### Security

For parents' assurance and peace of mind concerning their child's security, Kids At Heart provides a secured entrance with a four-digit access code that permits only Kids At Heart Team Members and Families into the center.

## Arrival and Departure

The safety of your child while in our care is considered to be of utmost importance. The Center's policy for security and procedures for arrival and departure is for the benefit of your child's safety and security. At arrival, all parents are required to accompany their child inside the building and to their classroom where their arrival time will be recorded by the teacher. Parents must also sign in at arrival and out at departure through the digital system located in the main lobby area. No child may be left at the Center without completing the sign in process. Our attendance system is two parts – one digital, one analog. This creates the best system for security and record keeping. No child is to be left alone in the center or told to go to their class by themselves, you must accompany your child. Please do not give out the door code to family members or friends. All guests must ring the doorbell each time they visit until the staff becomes familiar with authorized pick up people for your child and at that time management will give them the door code.

When picking up your child at the end of the day, please be sure to sign your child out through the electronic system prior to picking them up from their classroom. Please do not, at any time, allow your child to use the sign in or out system. This is for parent use only and we appreciate your understanding. Please be certain to check your child's mailbox and storage space items to return home or soiled clothing. Please make sure you go to your child's room for pickup and notify the teacher of your child's departure, please do not send siblings for pick up. Accompany your child to your car. Please, for the safety of the children, all vehicles must be turned off in the parking lot unless there is an adult present in the driver's seat of the vehicle.

## Release of Child

If someone not listed on the Child Enrollment Form or Transportation Form comes in to pick up a child, the parent or guardian must notify the Center as to who is picking up the child. Please do not give the code and have them ring the doorbell to enter the center. The Center will then require identification (drivers license or photo ID) from that person before releasing the child. Of course, the Center always reserves the right to request proper identification in the event someone is not recognized by our staff. Your child will not be released without proper notice or verification. It is important for you to know that in the case of separation or divorce, both parents have equal access to their child.

Kids At Heart will not get involved in custody disputes, parental arguments or guardian arguments. The Center has no legal right to deny a parent from picking up their child unless we have a copy of Legal Custody papers in our files.

If you would like to add someone to your child's authorized pickup person list, please let our Director know ASAP. Authorizations should be made in person.

## Alcohol and Drug-Free Environment

Your child's safety and well-being are of the utmost importance to us and we reserve the right to deny release should we suspect impairment of any kind. Kids At Heart has a zero tolerance policy on intoxication of staff or family members by alcohol, drugs or otherwise while on Kids At Heart property.

## Transportation of Children

Kids At Heart prohibits any member of our staff to personally transport your child to or from our center. It is the responsibility of the parents/guardians to make all arrangements pertaining to the transportation of

the child to or from the Center. During the school year, public school transportation picks up and drops off school age children from Kids at Heart.

Kids at Heart School Age children will take walking field trips to local parks. Depending on the number of children in attendance will determine the number of staff members who escort and supervise the field trip.

In the event that a child requires emergency transportation, 911 will be called and responders will send the appropriate emergency vehicle to transport the child. A Kids At Heart Staff Member will accompany the child to the source of emergency treatment and wait for the parent/guardian to arrive. Kids At Heart Staff will also contact the parents/guardians immediately at the time of an emergency.

Kids At Heart defines emergencies as life threatening events. We will call emergency services to save a life, regardless of a family's personal preference. All parents/guardians are required to give consent of transportation in the case of an emergency. Kids At Heart retains the right to refuse childcare services to parents/guardians who do not give emergency transportation consent.

## Evacuation Procedure

In the unlikely event there would be an environmental threat or a threat of violence, the staff will; secure the children in the primary evacuation spot, fenced playground areas located on each end of the building. We will follow the directions given by the proper authorities and contact the parents as soon as we have assured the safety of all the children. Teachers will have attendance rosters and will make name to face check offs on a regular basis to make sure all children are present. The Director and/or Assistant Director will secure all emergency paperwork for the children and the first aid kits.

## Violence Policy

Kids At Heart maintains a zero-tolerance policy for violence of any kind.

The safety of Kids At Heart's students, family members, staff members and visitors is an important concern to the company. Threats, threatening behavior or acts of violence against staff members, other parents/guardians, children or any others while on Kids At Heart's property will not be tolerated. Violations of this policy will lead to possible dismissal and criminal prosecution as appropriate.

## No Firearms/Weapons Policy

Firearms and other weapons are STRICTLY PROHIBITED from Kids At Heart Grounds, inside and outside of the building AT ALL TIMES. It is for the safety of the children, staff and family members.

# Discipline Policy

At Kids At Heart we emphasize the use of behavior modification, and redirection as our means of discipline. This method of behavioral modification employs the continuous use of praise and positive reinforcement as a reward for appropriate behavior. The approach to this form of behavioral modification differs from traditional measures in that children discover that they can earn attention and rewards by behaving in an appropriate manner as opposed to obtaining attention through misbehaving.

We are dedicated to promoting a positive self-image in every child. Our staff strives to assist children in the development of their self-discipline and sense of accountability for their actions.

We will never use corporal punishment, physical restraints, or subject any child to any form of negative verbal abuse. When inappropriate behavior becomes harmful to others, oneself, or destructive of property, we encourage communication by explaining the inappropriate behavior and then lovingly redirect the child away from the conflict, allowing them to compose themselves with dignity.

On certain occasions when disciplinary measures become necessary, the child or children involved may be redirected to another activity or removed from the activity and placed where they can sit and observe children who are conducting themselves appropriately. This allows the child time to consider their behavior and actions before returning to the group.

At this time, the child and teacher will discuss the situation until the child understands the reason he/she was placed away from the activity or group. This "time out" procedure lasts for about one minute for each year of the child's age. When in "time out" children always face the rest of the children and are never out of the sight of their caregiver.

The center's discipline policy applies to all persons on the premises. The caregiver in charge of a group of children is solely responsible for their discipline. It is contrary to center policy for a parent to reprimand or lecture another parent's child. It is necessary that any concern by parents related to inappropriate behavior or discipline be brought to the attention of the caregiver.

Parental cooperation and support are essential in exemplifying and promoting positive behavior to all the children at the center. We strongly request that all parents demonstrate a sensitive and loving spirit to the children by refraining from the use of developmentally inappropriate language or discipline measures while at the center. All teachers have had pre-service training in guidance and management of children consistent with the above discipline policy.

## Suspension and Expulsion

Kids at Heart works hard to prevent suspension and/or expulsion of children from our center. We work one-on-one with the child, the family and outside resources to help guide the child towards better behavior and feeling safe and comfortable in our school. If the child continues the undesired behavior we will suspend or expel the child from Kids at Heart. Depending on the circumstances administration may offer a period of time, which will allow the family to find alternate care or in extreme cases the expulsion may be immediate. It is of the utmost importance that Kids at Heart would take into consideration the safety and well being of everyone involved including the other children in the classroom, staff members and the child. Suspension or expulsion are determined on a case by case basis.

## Grievance Policy:

Should a problem arise amongst family or staff it is Kids at Hearts policy to have open and honest communication. This may involve family and administration, staff and administration, or a combination of all 3 parties. We will conduct civil conversations as we discuss the problem or situation that occurred. Kids at Heart works jointly with families and staff to resolve conflict in a professional manner that works towards satisfying all parties involved. Once a solution is found and a plan is in place administration will follow-up to ensure the problem is not reoccurring and/or continuing. If the problem continues further action may/will be required, such as suspension, expulsion or termination depending on the party involved.



# Health and Hygiene

Kids At Heart's policy of health and hygiene is supportive of the high health standards and good hygiene habits that are being practiced and implemented at home. Assisting your child in developing and maintaining these good health practices is taken very seriously and considered of primary importance while your child is attending the center.

## Hand Washing

Promoting independent good hygiene habits each day, the center's programs set aside regularly scheduled hand-washing times throughout the day. We request that our parents encourage their child to wash their hands upon arrival at the center. In addition, we request that all children wash their hands before and after meals and snacks, after toilet usage, and upon returning from outdoor play or any other time that is considered necessary by Team Members.

## Soiled Clothing

State and National health standards are used in the case of soiled clothing. This policy requires that any clothing contaminated with bodily fluids (stool, urine, blood, vomit) be placed, not rinsed, in a sealed bag. The bag will be labeled with the child's name, placed in the child's storage area, and picked up by the parent at the end of the day. Please make sure to check your child's storage area for any soiled clothes daily. The center complies with these precautionary measures for the safety of all the children and staff.

## Allergies

If your child has allergies, please provide detailed information to the center's Director and your child's caregiver. All available measures and precautions will be taken to assure that your child's special needs are considered and accommodated. An DCY Child Medical/Physical Care Plan will be filled out if your child has allergies, ensuring we have the proper documentation on file. If medication needs to be kept on-hand at the center the DCY Request for Administration of Medication will need to be filled out by your child's physician.

## Smoke-Free Environment

Kids At Heart advocates a smoke-free environment for its attending children and staff. We request that you please refrain from smoking before you drop off or pick up your child, and at all times while on the premises of the center.

## Administration of Medicine

Kids At Heart will administer prescription and non-prescription medications, fluoride or food supplements (vitamins), and modified diets provided that instructions to administer such items are written, signed and dated by a physician, and are prescribed for a specific child. Center policy also requires that all pertinent forms be completed and on file at the center prior to dispensing any form of medication, fluoride or food supplement, or administration of a modified diet.

Only the Director, Assistant Director or properly trained staff members may dispense prescribed or over the counter medications. Parents are required to give all medication to the center's Director who will ensure proper storage and administration of the medicine. School Aged children are not allowed to carry or administer their own medications or ointments while under the care of Kids At Heart.

Prescription medication will be administered provided the medication is in its original container or box and has its original prescription label intact that shows the child's name, current date (not more than six months old), exact dosage, and method of administration, storage, and disposal instructions. Labels, which order, "to be given as needed" shall be accompanied by written instructions from the parent. If prescription medications are to be given twice daily we request that parents administer the medication at home. School Age children are not permitted to carry their medication or topical products with them. All medication must be stored in the office. The family must provide separate medication or topical product for public school and Kids at Heart to avoid having the child carry the medication or topical product on their person.

Non-prescription medications may be administered provided the medication is in its original container, which specifies appropriate dosages for the child's age group. In addition, parents must provide written instructions using the DCY Request for Administration of Medication completely filling out Box A of the form. Non-prescription medication may not be given for more than three days at a time. Dosages administered by the center shall not exceed the manufacturers recommended dosages. If the dosage states that a physician must be consulted, the center needs the physician's written and signed instructions on the DCY Request for Administration of Medication (Box B) form provided by the center. Medications will not be administered under any circumstance if the child does not meet the age and weight requirements listed on the box. If parents would like their child to receive this medication they are welcome to stop by the center and administer the medication themselves.

Non-prescription topical ointments, creams, and lotions, such as diaper cream, sunscreen, vaseline or ChapStick may be applied provided that parental permission is properly provided. These forms are valid only for the time indicated on the form. When forms expire or medication runs out our staff members will inform parents.

Kids at Heart will administer medication to children with special needs, provided the staff is properly and fully trained and feels confident in the administration of medication. We will also make modifications in our daily routines to accommodate a child with special needs, provided it does not take one or both staff members away from the other children, posing a potential risk to the class or causing the class to be out of compliance with DCY ratios.

Center policy prohibits the administration of any form of medication containing aspirin, codeine or any medication in the narcotic family or any medication used for behavior modification. Parents must make arrangements to come to the center and administer these types of medication themselves if the child needs these medications while in our care.

We reserve the right to refuse to administer or discontinue any medication if (a) an adverse reaction results, (b) the child is ill or injured, (c) the Authorization To Give Medication Form is incomplete, (d) or for any reason we suspect that dispensing medication may be harmful to your child.

Kids at Heart will allow medical foods and/or modified diets to meet the nutritional requirements and needs of a child. If the child requires an alternate milk the parent or guardian will be required to fill out an Alternate Milk form. Medical foods or modified diets will be based on the individual child and cannot alter the entire class meal. Please note that Kids at Heart is a Peanut and Tree Nut free school.

## Management of Communicable Diseases

It is the policy of Kids At Heart to follow the Ohio Department of Health "Child Care Communicable Disease Chart" for the appropriate management of suspected illness at the Center. This chart is posted in the Staff Lounge classroom.

Though it is common for most children to experience various forms of illness during early childhood, our Center works toward the prevention of communicable disease by giving all staff members written instructions on proper hand-washing techniques, and correct procedures for disinfecting equipment on a regular basis. It is also the policy of our Center to require all staff members to obtain documented in-service training for the recognition, prevention, and management of communicable diseases within a six-month period of employment.

As required by DCY, during all hours of operation, at least one Team Member who has completed this training will always be present at the Center. In addition, classroom teachers are responsible, on a daily basis, for an early morning inspection of each child. Throughout the course of the day, teachers are required to observe the children for any signs or symptoms of illness.

A child will be isolated away from other children, monitored by staff, and parents immediately contacted and discharged if any of these symptoms are observed:

- Severe coughing, causing the child to become red or blue in the face or to make a whooping cough sound \*\*
- Difficult or rapid breathing \*\*
- Yellowish skin or eyes.
- Conjunctivitis (pink eye), redness of the eye, obvious discharge, matted eyelashes, burning, itching eyes or eye pain.
- Temperature of 101° F (100° F if taken axillary) when in combination with any other sign or symptom of illness. This could be life threatening if combined with lethargy, vomiting, extreme tiredness and/or difficulty to wake †
- Untreated, infected skin patches/ unusual spots or rashes.
- Having unusually dark urine and/or gray or white stools.
- Stiff neck with an elevated temperature.
- Evidence of lice, scabies, or other parasitic infestation.
- Vomiting (more than once) accompanied by any other sign or symptom of illness.
- Diarrhea: three or more abnormally loose stool within a twenty-four hour period.
- Sore throat or difficulty in swallowing.
- Fever more than 101°F (100° F if taken axillary)
- Earache
- Headache
- Extreme fussiness
- Runny nose and/or cough

\*\* Sign of possible immediate life-threatening situation. We will call the emergency squad and call the parents.

† Could be life threatening if combined with lethargy, vomiting, extreme tiredness and/or difficulty to wake. We will call the emergency squad and call the parents.

## Procedure for Sick Children

A child shall be isolated due to suspected communicable disease. They shall be within sight and hearing of an adult at all times and cared for away from the other children. The sick child will be provided with a cot and made comfortable until the parent picks them up. A notice will be posted at the front door and/or communicated through the ProCare Parent Engage App when there has been an exposure to a communicable disease. The notice will include the earliest signs and symptoms of the disease so additional exposures may be avoided. A parent or guardian has 1 hour from the first phone call to have come to pick up the child themselves or to make arrangements for someone else to pick up the child. If another person is picking up the child, administration must be informed before the child will be released. If the child is not picked up within the hour the parent will be called again. If they cannot be reached, the administration will begin calling the child's emergency contacts. During this time Kids at Heart staff will do

everything we can to make your child as comfortable as possible while they await your arrival. It is not our policy to care for sick children beyond reasonable comfort measures.

## Returning to Care After Illness Policy

Center policy requires that any child who has been suspected or diagnosed as having a communicable disease may return to the Center only when they have been symptom free for 24 hours, or a physician who issues a note indicating that they are free from communicable illnesses has seen them. It is required that children returning to the Center be checked by a Team Member who is trained in the recognition of communicable disease.

Any disease that is deemed to be highly contagious according to the Communicable Disease Chart issued by the Ohio Department of Health and DCY. We reserve the right to follow all guidelines and extend exclusion from school based on the severity of the disease and based on the contagiousness of the disease.

## Emergency, Serious Illness and Injury Procedures

If an emergency, serious illness or severe injury occurs Kids at Heart will take immediate action to assess the situation and take action. We will provide immediate first aid medical treatment within our trained ability, call parents or guardians, and/or 911 emergency services if needed.

## Team Member Illness

Our Team Members are subject to the same rules and procedures should one of them contract a communicable disease.

## Administering Care Procedures to Children with Disabilities

Center policy does not discriminate against children with disabilities. We work closely with families to ensure that we are able to provide appropriate care for all children. We welcome medical consultations to train on any procedures and including the family in all the steps we take to give the appropriate care.

We ask for completion of medical assessments that identify the child's needs and strengths so we can develop an individual plan of action. Referrals to medical professionals are sometimes required to get all the needs met of the child.

Parents are involved in the adjustments that may need to be made in the classroom environment. Modifications to classroom activities and possible individual support are made based on all the children's capabilities.

Our main responsibility is the safety of all of our children and staff. We strive to treat all children with respect and acknowledge their sense of individuality and inclusion.

Ohio Department of Job and Family Services  
CENTER PARENT INFORMATION REQUIRED  
BY OHIO ADMINISTRATIVE CODE

The facility is licensed to operate legally by the Ohio Department of Job and Family Services. This license is posted in the office for review.

A toll-free telephone number is listed on the facility's license and may be used to report a suspected violation of the licensing law or administrative rules. The licensing law and rules governing child care are available for review at the facility upon request.

The administrator and each employee- of the facility is required, under Section 2151.421 of the Ohio Revised Code, to report their suspicions of child abuse or child neglect to the local public children's services agency.

Any parent, custodian, or guardian of a child enrolled in the facility shall be permitted unlimited access to the facility during all hours of operation for the purpose of contacting their children, evaluating the care provided by the facility or evaluating the premises. Upon entering the premises, the parent, or guardian shall notify the Administrator of his/her presence.

Contact information for parents/guardians of the children attending the facility is available upon request. This information will not include the name, telephone number or email of any parent/guardian who requests that his/her name, telephone number or email not be included.

Recent licensing inspection reports and any substantiated complaint investigation reports for the past two years are posted in a conspicuous place in the facility for review.

The licensing record, including licensing inspection reports, complaint investigation reports, and evaluation forms from the building and fire departments, is available for review upon written request from the Ohio Department of Job and Family Services. The center's licensing inspection reports for the past two years are also available for review on the Child Care in Ohio website. The website is:  
<http://DCY.ohio.gov/cdc/childcare.stm>.

It is unlawful for the facility to discriminate in the enrollment of children upon the basis of race, color, religion, sex or national origin or disability in violation of the Americans with Disabilities Act of 1990, 104 Stat. 32,42 U.S.C. 12101 et seq.

DCY 01268 (Rev\_ 10/2011)

## Disability Inclusion Access



## Would you like help with access to our services?

The State of Ohio is a disability inclusion state and strives to be a model employer of individuals with disabilities. Our agency is proud to support the disability inclusion initiatives outlined for state agencies, boards, and commissions, in accordance with Governor Mike DeWine's Executive Order 2019-03D.

### The Americans with Disabilities Act (ADA)

The Ohio Department of Job and Family Services

does not discriminate on the basis of disability in its services, programs, or activities. See our commitment to appropriate access and disability inclusion.

**Employment:** We do not discriminate based on disability in our hiring or employment practices and we comply with the ADA title I employment regulations.

**Effective Communication:** Upon request, you will be provided auxiliary aids and services leading to effective communication for people with disabilities, including qualified sign language interpreters, assistive listening devices, documents in Braille, and other ways of making communications accessible to people who have speech, hearing, or vision impairments.

**Modifications to Policies and Procedures:** Reasonable modifications to policies and procedures will be made to ensure that people with disabilities have an equal opportunity to enjoy programs, services, and activities. For example, people with service animals are welcome in our offices, even where pets and other animals are prohibited.

**For questions or to request an accommodation:** for access to a service, program, or activity, such as an auxiliary aid or service for effective communication, contact the ADA Coordinator as soon as possible, preferably 17 days before the activity or event.

No surcharge will be placed for providing auxiliary aids/ services or reasonable modification of policy on a person or group of people with disabilities. The ADA does not require us to take an action that would fundamentally alter the nature of our services, programs, or activities, impose an undue financial or administrative burden, or which poses a direct threat to the health or safety of the person or others. In addition, we are not required by the ADA to provide people with disabilities personal or individually prescribed devices such as wheelchairs, prescription eyeglasses, hearing aids, or provide services of a personal nature.

### WHERE CAN I FILE A GRIEVANCE?

#### For an Internal Review

**Contact the agency ADA Coordinator if you are:**

**An employee or person seeking employment** who believes a service, program, or activity of this agency is not accessible to people with disabilities, including keeping employment opportunities accessible to any person seeking employment; or

**A patron/client, guest, or visitor** who believes a service, program, or activity is not equally accessible to people with disabilities.

You may submit a grievance (complaint) in writing and containing information about the alleged discrimination such as name, address, phone number of the grievant and location, date, and description of the problem. Alternative means of filing grievances, such as personal interviews or a tape recording of the grievance, will be made available for persons with disabilities upon request. The grievance should be submitted by the grievant and/or his/her designee as soon as possible but no later than 30 calendar days after the alleged violation.

**This Grievance Procedure** is established to meet the requirements of the ADA. It may be used by anyone who wishes to file a grievance alleging discrimination on the basis of disability in the provision of services, activities, programs, or benefits by this agency.

**To request an accommodation or file a grievance, contact:**

**ADA Coordinator:** Gabriella Aziz

Agency: Ohio Department of Job and Family Services

Email Address: [ADA\\_Public@jfs.ohio.gov](mailto:ADA_Public@jfs.ohio.gov)

Phone/Text or TTY Number: 614 752-5062

#### For an External Review

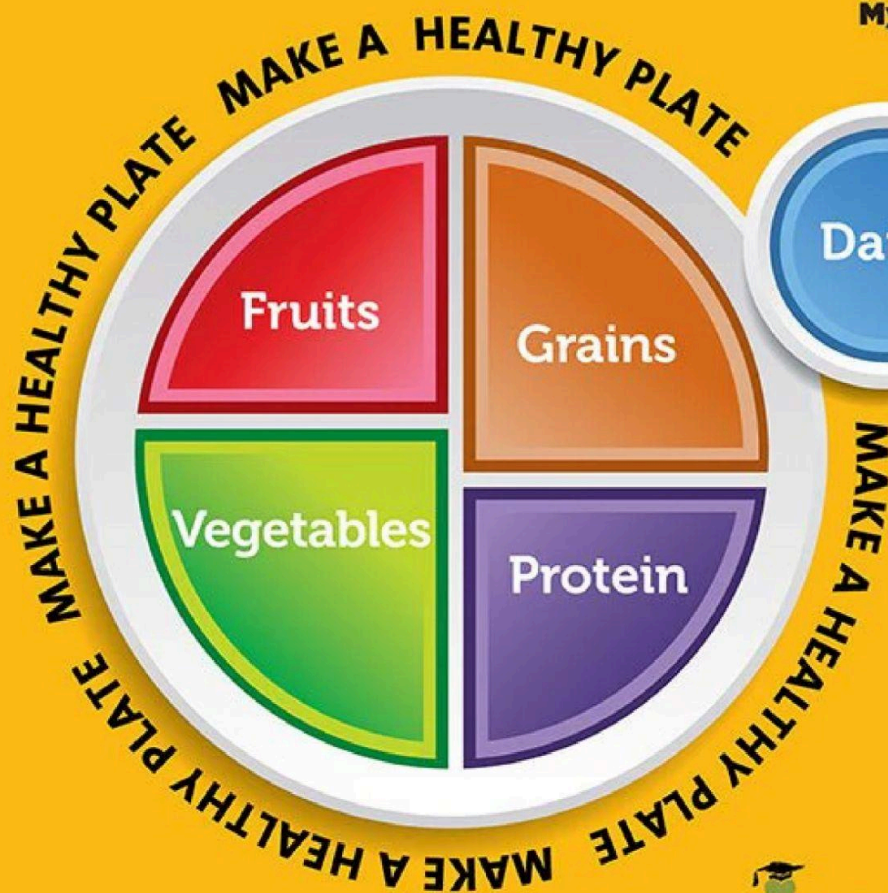
**Contact the U.S. Department of Justice**

File with the **Department of Justice, Civil Rights Division, Disability Rights Section** at [ada.gov/complaint](https://ada.gov/complaint), 800-514-0301

 Department of  
Administrative Services

**DISABILITY INCLUSION**  
Action.Access.Attitude  



## Vegetables

Vary your veggies.

Any vegetable or 100% vegetable juice counts as a member of the vegetable group.

Fill half your plate with fruits and vegetables.

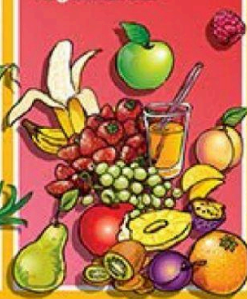


## Fruits

Focus on fruits.

Whole fruit is preferable to juice but any fruit counts: fresh, frozen, canned, 100% juice or dried.

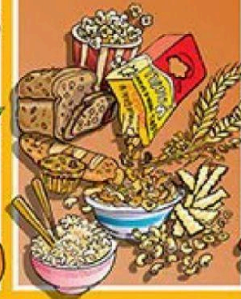
Fill half your plate with fruits and vegetables.



## Grains

Make at least half your grains whole.

Read labels to find more whole grain foods like whole wheat, oatmeal and brown rice.

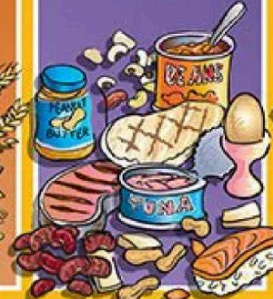


## Protein

Go lean with protein.

Keep portion to 1/4 of the plate.

Nuts, beans/peas, seeds, poultry, lean meat, seafood, soy and eggs are in this group.



## Dairy

Get your calcium-rich foods.

Remember to choose skim milk or 1% milk.

Try nonfat yogurt.

Keep choices low in fat, sodium and sugar.



# **TRUMBULL COUNTY RESOURCES**

## **CLOTHING**

Community Volunteer Council	330-395-5888
Emmanuel Community Care Center	330-545-4301
St. Vincent de Paul of Trumbull County	234-223-2933
Voices of Youth Closet	330-675-2765, 111
Warren Family Mission	330-394-5437
Youngstown Blue Coats	330-531-1762

## **COUNSELING REFERRALS**

Coleman Professional Services	330-392-1177
Greentree Counseling Center	330-372-2200
Preferred Care Counseling	330-757-3975
Telehealth Marriage & Family Counseling; Christian/Catholic Counseling with Alexandria Cooper ( <a href="http://www.bettertogethercc.com">www.bettertogethercc.com</a> )	440-745-7252
Trumbull County Mental Health and Recovery Board	330-675-2765
Valley Counseling Services	330-395-9563

## **DOMESTIC VIOLENCE**

Ohio Domestic Violence Hotline	800-934-9840
Solace Center	330-766-0689
Someplace Safe	330-393-3005

## **EMPLOYMENT AND/OR TRAINING**

Coleman Professional Services	800-673-1347
Ohio Department of Jobs and Family Services	330-675-2000
Ohio Means Jobs	330-675-2179
Preferred Care Counseling	330-757-3975



## **TRUMBULL COUNTY RESOURCES**

### **FOOD ASSISTANCE**

Catholic Charities Regional Agency	330-393-4254
Champion Christian Church	330-847-0785
Community Volunteer Council	330-395-5888
Emmanuel Community Care Center	330-545-4301
Emmanuel Lutheran Church	330-392-5939
Niles Community Services	330-652-6412
Ohio Department of Jobs and Family Services	330-675-2000
Our Lady of Perpetual Help Pantry (3rd Friday )	330-766-2555
ROC@Bazetta	330-637-5000
ROC@Leavittsburg Warren Revival Center	330-610-8905
Salvation Army - Warren	330-392-1573
St. Elizabeth Ann Seton Pantry ( M-F ) (by appt.)	330-369-5153
St. Mary and St. Joseph Food Pantry of Warren ( M-F ) (Call ahead)	330-395-2081
St. Patrick Food Pantry ( 2nd Saturday )	330-534-1928
St. Theresa of Calcutta (Once A Month)	330-372-2215
St. Thomas the Apostle Food Pantry ( 3rd Tuesday )	330-394-2461
St. Vincent de Paul of Trumbull County	234-223-2933
Warren Family Mission	330-394-5437
Warren Family Mission	330-394-5437

### **FURNITURE**

Sleep in Heavenly Peace (beds for kids)	234-575-5245
St. Vincent de Paul of Trumbull County	234-223-2933

### **GLOBAL DISASTER RELIEF**

CRS - Catholic Relief Services	877-435-7277
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### **HEALTH CARE RESOURCES**

Children's Rehabilitation Center	330-856-2107
Help Network of Ohio - 211	330-747-2696
Ohio Department of Medicaid	330-675-2000
One Health Ohio	330-373-0222
Suicide Hotline	330-747-2696
Valley Counseling Services	330-395-9563
WIC	800-755-4769

### **HOMELESSNESS**

Amos Christy House (shelter)	330-394-4316 (110)
Catholic Charities Regional Agency	330-393-4254
Emmanuel Community Care Center	330-545-4301
Help Network of Ohio - 211	330-747-2696
Veteran's Haven	330-409-9139
Warren Family Mission	330-394-5437

# **TRUMBULL COUNTY RESOURCES**

## **HOUSING**

Catholic Charities Regional Agency	330-393-4254
Coleman Professional Services	330-438-2400
Emmanuel Community Care Center	330-545-4301
Salvation Army - Warren	330-392-1573
St. Vincent de Paul of Trumbull County	234-223-2933
TCAP	330-393-2507
Trumbull County Department of Jobs and Family Services	330-675-2000
Trumbull Metropolitan Housing Authority (by appt. only)	330-369-6460
Veteran's Haven	330-409-9139

## **LOCAL DISASTER RELIEF**

Catholic Charities Regional Agency - Trumbull	330-393-4254
American Red Cross	330-535-6131

## **NATIONAL DISASTER RELIEF**

Catholic Charities USA - CCUSA	703-549-1390
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## **PARENTING**

Family and Community Services	877-746-6455
Preferred Care Counseling	330-856-3975
Trumbull Community Action Program TCAP	330-393-2507
Trumbull County Board of Health	330-675-2489
Trumbull County Children's Services	330-372-2010
Valley Counseling Services	330-395-9563

## **PREGNANCY SUPPORT**

Catholic Charities Regional Agency, First Step Program	330-393-4254
Help Me Grow - Trumbull	330-616-3322
Mercy Health Resource Program for Mothers	330-480-2604
WIC - Trumbull	330-394-0990

## **PUBLIC ASSISTANCE**

Ohio Department of Jobs and Family Services	330-675-2732
Social Security Administration	855-863-3562
St. Vincent de Paul of Trumbull County	234-223-2933
Trumbull Metropolitan Housing Authority	330-369-1533

## **SENIOR SUPPORT SERVICES**

Alpha Phi Alpha Homes	330-369-2121
Catholic Charities Regional Agency	330-393-4254
Direction Home Northeast Ohio	800-686-7367
SCOPE Senior Services	330-399-8846
Trumbull County Senior Levy	330-675-7846

# **TRUMBULL COUNTY RESOURCES**

## **SUBSTANCE USE**

BrightView	866-472-5525
Coleman Professional Services	800-673-1347
First Step Recovery	330-369-8022
Mercy Health Rehabilitation Center	330-306-5010
Project Dawn	330-675-2590
PsyCare	330-856-6663
Valley Counseling Services	330-395-9563
Warren Family Mission	330-394-5437

## **TAXES**

Lariccia School of Accounting VITA	330-941-2507
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## **TRANSPORTATION**

Easter Seals	330-884-2511
Senior Levy Transportation	330-675-2873
Trumbull County Department of Jobs and Family Services	330-675-2000
WRTA	330-744-8431

## **UTILITY ASSISTANCE**

Catholic Charities Regional Agency - Trumbull	330-393-4254
Coleman Professional Services	330-438-2400
Ohio HEAP	800-282-0880
Salvation Army - Warren	330-392-1573
TCAP	330-393-2507
Trumbull County Department of Jobs and Family Services	330-675-2000